

Supporting carers through the holiday season

Join us for a special event designed to help carers during the holiday season.

This free event offers a welcoming space for carers who may be feeling overwhelmed or in need of support. Meredith Coote and Briana Blackett, both experienced in supporting carers, will share their personal insights and practical tips on preparing for the festive season, offering meaningful guidance to help you feel uplifted and supported.



When and Where:

Rydges Campbelltown
15 Old Menangle Rd,
Campbelltown

Monday, 2nd December 2024

RSVP and additional info:

Register at
holidaysupport.eventbrite.com.au
or email LRoberts@wellways.org.

Tea, coffee and buffet lunch
provided

To find out more about Carer Gateway visit carergateway.gov.au or call **1800 422 737** Monday to Friday, 8am to 5pm. Emergency respite support available 24/7.